

# Principally Speaking

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On behalf of Peace High I would like to wish everyone a MERRY CHRISTMAS AND A HAPPY HOLIDAYS t



We hope that everyone will get some much needed rest and relaxation over the break. With the many hardships and tragedies that we face in our families and around the world, please make sure to spend some extra time with your loved ones over the holidays. This is a wonderful time to appreciate the things that we have, and enjoy each other's company.

**Toys for Tots** 

Have a safe and wonderful break, we look forward to a great start to 2013!



Mark Owens Principal Peace River High School







### TRUSTEE TOUR

Students met with the School Board Trustees on Dec 11<sup>th</sup>, to share information about some of the many programs we have here at Peace High. They helped the Trustees see the benefit these programs have for all of our school – and they toured the Trustees around to various classes afterward, so the Trustees could see first-hand the amazing work our staff do in class each day! Allyson Shewchuk, Jadon Ives, Celsie Downie, Taylor Piercey, Raeesha Usman, Birken Butte and Sarah Wood were involved in the Trustee Tour.

## Grade 12 Diploma Exam Prep Course for Chemistry & Math

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#### Peace River High School is holding Grade 12 Diploma Exam Prep Courses for:

Chemistry 30 on January 26 & 27, 2013 from 9:00 am – 4:15 pm.



Go to www.prsd.ab.ca – Documents and Downloads – Divisional Office Forms – Diploma Exam Prep Courses to access the information & registration form. Deadline to register is Monday, January 21, 2013.

Math 30-1 on January 19 & 20, 2013 from 9:00 am – 4:15 pm.

Go to www.prsd.ab.ca – Documents and Downloads - Divisional Office Forms – Diploma Exam Prep Courses access the information & registration form. Deadline to register is Monday, January 14, 2013.





# Final Exam Schedule for January 2013 - Peace River High School

	Course	Time	Room	Teacher		
Regular classes for Grades 9, 10, 11 & 12's not writing diploma exams						
Mon, Jan 14	ELA 30-1 Part A	9:00 - 12:00	Computer Lab			
	ELA 30-2 Part A	9:00 - 12:00	Vis Com			
Tues, Jan 15	Social 30-1 Part A	9:00 - 12:00	Computer Lab			
	Social 30-2 Part A	9:00 - 11:30	Vis Com			
Weds, Jan 16	FLA 30-1 Part A	9:00 - 12:00	Library			
January 22 Last day of regular classes for Grades 10 - 12						
Grade 9's last full day of classes Thursday, Jan 24. Return for PAT's after 24th.						
Mon, Jan 21	ELA 30-1 Part B	9:00 - 12:00	Gym			
	ELA 30-2 Part B	9:00- 12:00	Gym			
Tues, Jan 22	Social 30-1 Part B	9:00 - 11:30	Gym			
	Social 30-2 Part B	9:00 - 11:30	Gym			
GRADE 9 PAT	ELA 9 Part A	9:00 - 11:30	Computer Lab	Stevenson		
Weds, Jan 23	FLA 30-1 Part B	9:00 - 12:00	Rm 205			
	PE 10	9:00 - 11:30	Gym	Mayer/Harpe		
	Math 20-1	1:00 - 3:30	Gym	Sheets		
	Social 10-2	1:00 - 3:30	Gym	Courtepatte/Panzine		
	Math 20-2	1:00 - 3:30	Gym	Castelino		
	CALM Interviews	All day	Drama	Favreau		
	CALM Interviews	pm only	Rm 220	Stevenson		
Thurs, Jan 24	Biology 30	9:00 - 11:30	Gym			
GRADE 9 PAT	Social 9 (En/Fr)	9:00 - 10:50	Rm130/Rm203/Rm208	Veresovaya/Friskie/Lawrence		
	Et. Soc 20	1:00 - 3:30	Gym	Favreau		
	Biology 20	1:00 - 3:30	Gym	Knoblauch		
	Social 20-1	1:00 - 3:30	Gym	Lawrence		
	Social 10-1	1:00 - 3:30	Gym	McLeod		
	Science 14	1:00 - 3:30	Gym	Ladd		
	CALM Interviews	am only	Drama	Favreau		
	CALM Interviews	pm only	Rm 220	Stevenson		
Fri, Jan 25	Math 30-1	9:00 - 12:00	Gym			
GRADE 9 PAT	Math 30-2	9:00 - 12:00	Gym	Mayor/Ladd		
GRADE 9 PAI	Science 9 Social 20-2	9:00 - 10:45 1:00 - 3:30	Rm 116/Rm 217 Gym	Mayer/Ladd Friskie		
	Math 10C	1:00 - 3:30	Gym	Castelino		
	Math 10-3	1:00 - 3:30	Gym	Crumpton		
	CALM Interviews	All day	Drama	Favreau		
	CALM Interviews	All day	Rm 220	Stevenson		

Mon, Jan 28	Physics 30	9:00 - 11:30	Gym		
<b>GRADE 9 PAT</b>	Math 9 (En/Fr)	9:00 - 11:00	Rm 202/Rm 205	Castelino/Knoblauch	
	ELA 20-2	1:00 - 3:30	Gym	Plaizier	
	Chem 20	1:00 - 3:30	Gym	Scott-Wilkes	
	Science 10	1:00 - 3:30	Gym	Ladd/Pobuda	
Tues, Jan 29	Chemistry 30	9:00 - 11:30			
GRADE 9 PAT	ELA 9 Part B	9:00 - 10:45	Rm 220	Stevenson	
	CONFLICTS AND CORRESPONDENCE				
Weds, Jan 30	Science 30	9:00 - 11:30			

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# DIPLOME D'ÉTUDES EN LANGUE FRANÇAISE (OTHERWISE KNOWN AS THE DELF)



This Fall, three grade 12 PRHS FLA 30 students attempted the B2 diploma exam on November 26 and 27. Hats off to those three students who came on a non-teaching day. The examination dates are set by the Embassy of France and they are Canadawide.

All four language components were administered: listening, reading, writing and speaking. On November 26 at 10:00 AM the exam's duration was 2.5 hours for the listening, reading and writing parts. The following morning, November 27, each candidate underwent the speaking part, consisting of a preparation of 30 minutes to discuss a topic drawn at random from 15 topics in an interview style exchange. Each candidate exposed orally for up to 20 minutes her or his point of view, developed it, debated it and defended it in an interactive dialogue with the examiner.

Results are communicated individually and confidentially to each student in a sealed envelope soon thereafter. The successful candidates receive a lifetime certificate from the Ministère de l'éducation nationale of France attesting to their proficiency in the French language and enabling them to qualify for entrance in any participating francophone post-secondary educational institution without submitting to a language abilities test. These post-secondary institutions are located in the countries participating in the DELF formation. In Canada, the recognition of the DELF certificates of success is gaining more support.

**Congratulations** to the three PRHS students who submitted their candidacy and *successfully* took the challenge. They are **Birken Butte, Rachel Craigen and Sara Wood**. The experience, as stated by former candidates at PRHS, is overwhelmingly positive and they are grateful for the chance to test their skills on an international comparison scale.



Honor Roll

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Grade

Bailey, Kelton Beach, Eryn Bellwood, Jarret Crawford, Rylan Darling, Hunter Dhaliwal, Surjan Dollekamp, Brandt Downing, Mary Jade Foot, Christin Gauthier, Arthur Gill, Herman Goddard, Kelsey Gour, Emily Hill, Briana Hill, Corey Jensen, Cyra Kamieniecki, Nadine Krall, Danelle Lee, Ryan Lehner, Samantha Lutz, Emily Munch, Sarah Musa, Chantel Robinson, Jason Saleh, Nada Sklapsky, Landon Williams, Jasmine Winder, Davin Yakemchuk, Shaylin

#### **Honorable Mention**

Agapow, Lara Allen, Michael Bergen, Felicia Canning, Chase Foisy, Dayton Gustafson, Kate Hulme, Carter Remenda, Josh Rushfeldt, Kaylyn

# Honor Roll

Grade 10

Allan, Courtney Bergen, Jacob Gauthier, Ashley Lavergne, Noah Leger, Bryton Reinders, Brett Saleh, Hanan Shewchuk, Allyson Tookey, Jamey Williams, Matthew

#### Honorable Mention

Allen, Galen Cottrell, Chevy Creighton, Jordan Fehr, Martha Geary, Michelle Gladue, Barry Ladd, Miles Langer, Kayla Piercey, Taylor Crawford, Mason Darling, Sarah Dolhan, Toni Fraser, Cali Freeman, Lainy George, Cassandra Ginther, Morgan Jackman, Kiersten Krall, Andrew MacDonald, Kalley Mantai, Mykaela Musa, Brandon

Honor Roll

Riaz, Mahnoor Voth, Chantel Zacsko, Rachel

#### Honorable Mention

Gaydosh, Erin Harris, Emily Hlady, Dakota Schofield, Zak Thiessen, Christina Grade 11

#### Honor Roll

Beach, Wyatt Butte, Birken Craigen, Rachel Millar, Sophia Millar, Kennedy Novak, Kelsey Wilkes, Gavin Wood, Sara

#### Honorable Mention

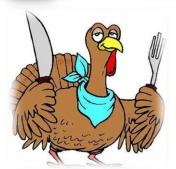
Allonby, Shaelynn Armstrong, Brittany Gannon, Austin Lorentz, Brianna Mills, Amanda Reimer, Irma 12

Grade

## Honor Roll Semester 1 – Report Period 2







# PHRISTMAS SMORG

On Dec 19th the Physics 30 class of Peace Righ Rosted the annual



Christmas Smorg. A full sit down turkey dinner with all the



Fixin's! This is an annual event it's been happening for the last 23 years, and once

again it was a great success,

Santa made an appearance, over 200 students were well fed, and everyone was sleepy for our afternoon classes!







# <image>

This was a 5 week program where an awesome bunch of grade 9 PH students who are so willing to be Mentors to the younger students, traveled to Springfield, to Mentor kids in their classes. PH kids travel once a week, for B block. Staff at Springfield gave a great feedback and the program is a great success! **Top row:** Mr. Owens, Trentin (not Trenton) Laboucan, Arthur Gauthier, Herman Gill, Hunter Darling, Tyrus Cardinal, Jade Downing, Kaylin Roshfeldt, Eryn Beach, Tanna Bailey; **Bottom row:** Destiny Bergen, Sarah Munch, Ashley Bremont, Celsie Downie, Layne Hankins, Kate Gustafson, Kelsey Goddard, Christin Foot; **Missing:** Brittney Gillespie, Cameron Ominiyak, Cyra Jensen, Rylan Crawford, Izzy Marshall and Aaron Wiebe





# The Light of Mental Health

The Lantern Project, completed by Mrs. Plaizier's Art class in association with Project PEACE, is an representation of how we can use Art as a medium to portray messages about positive mental health. The lanterns represent the light within all of us that keeps us going when times are tough. As with light through a lantern, even when our inner light may flicker and have some dim or shaded areas we can still use it to keep us moving forward through difficult, dark situations. Congratulations to all of the students and Mrs. Plaizier who did such a great job.



The leaders of this group (Jadon Ives, Logan Horseman, Kalon Ives, Allyson Shewchuck, Sarah Munch and Arthur Gauthier) worked hard for more than 2 months, collecting bottles and doing the recycling here at Peace High each week. They raised close to \$600.00 for the gaming systems that are used in this Program – without this money, the Gamers Group would not be able to happen! Stay tuned for the next Gamers Night in February – we will be inviting kids from other schools to join us!





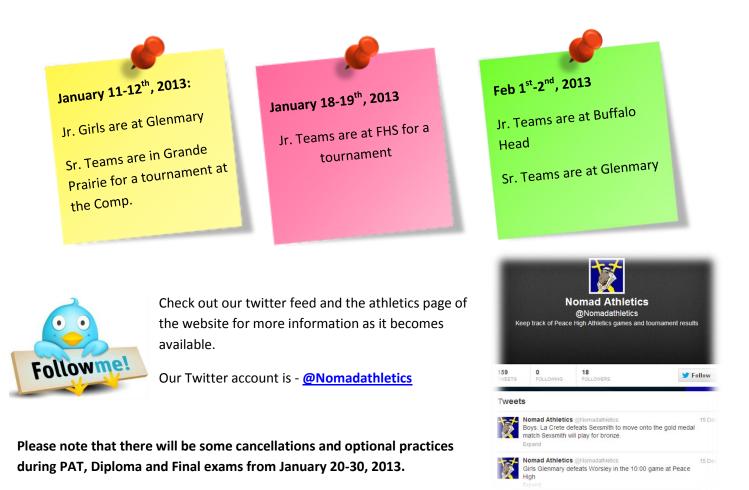
# Athletics

Thank you to all of the staff, students and parents who helped us run the Senior Nomad Invitational Basketball tournament on December 14-15!





#### **Cournament schedule for January**



# What's happening in Jan- Feb 2013?

**Christmas Basketball and Life Skills Camp** - This Camp is open to grades 3-6 in the morning (9am to 12noon); and grades 7 and above in the afternoon (1pm to 4pm). Kids are welcome to come out to have some fun as they practice their basketball skills and learn a little about keeping life in balance! The cost for this camp is \$25.00 for all 3 days. Anyone interested in registering can call Kim at 625-5501 or Holly at 625-5704.

> Jan 21 - 30

Jan **2 - 4** Wed-Fri

Super Snacks Program – Project PEACE, the Super Troopers and Peace High will be offering water and snacks to all students on exam days – for about half an hour at 8:30am (before the morning exam) and again at 12:30 (before the afternoon exam)! Please remember to clean up after yourselves if you enjoy these snacks (or this program will not be continued)! There will also be posters up in all the exam rooms, reminding students of helpful anxiety reducing techniques that can be used if stress levels start climbing during the exams! We want to make this challenging time as relaxing and positive as possible for all of our students!

**Mental health** concerns often first develop during adolescence or early adulthood, with half of all mental disorders beginning by age 14, and 75 percent beginning by age 24. The earlier the concern is identified and treated, the better the outcome.

If your child had a broken leg, you wouldn't hesitate to rush them to the hospital for help. Why should your loved one's mental health be any different?

LEARN WHAT YOU CAN DO TO HELP THOSE YOU LOVE AND CARE ABOUT MOST!

This <u>Free</u> Training is for Parents, Caregivers, Foster Parents, Coaches, Youth Mentors, and all <u>adults who interact with youth</u>.

> February 4,6,11, and 13th, 2013 5:30 pm - 9:00 pm Peace River High School To register, please contact Peace River FCSS at 780-624-1000 (before February 1st, 2013)

Feb 4, 6 & 11, 13 P.12





Check out the **Project PEACE's FB Page**...Like it... Every "Like" gets their name put into the contest! Help us grow our audience!!





Win Lots of Great Things!!!

Peace High T-shirts, Movie Passes, Gift Certificates for Pizza, and More!

There is one prize for every 10 names!





Our Vision: Preparing Individual Citizens for Tomorrow. Our Mission: Peace River High School, Experience the Success!

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http://www.prsd.ab.ca/ph/